Foreword

I'll never forget the first time I saw Pepper Lewis doing her channeling. The sweet young woman was gone, and in her place was a powerhouse — an energy that literally was all over the place! She left the stage and addressed individuals in the audience face to face (gulp)! She answered questions that were scientific, esoteric and personal. Often, the answers would be so profound that they would garner strong applause from the audience, who were appreciative of what they had just witnessed. If someone ever tried to get the best of her with a trick question, the tables would instantly be turned, and they would realize the error of their foolishness, as Gaia would take them on directly. These were the moments when I would say under my breath and with a big grin, "Don't mess with Gaia!"

Pepper channels Gaia, the name given to the energy of Mother Earth, the sentience or soul of our planet. We often don't think of this entity giving personal messages, being profound and humorous within the same moment, but this is the gift that Pepper has brought to us in these past years: the revelation that Gaia is a personal entity, one who represents the energy of all life and is available for us. The joke is that this enormous energy has chosen a small package to channel her, bringing us to honor the process even more by watching the shift take place within Pepper that is so amazing every time she stands to walk the stage in trance.

In 2006, I took Pepper to Europe to participate in two large meetings. I knew how I felt about her, and I was exuberant to expose Europeans to someone they hadn't seen before. I really hadn't considered if she would "fit in" with the German-speaking Austrians and Swiss, but I need not have worried. The instant she stepped on stage in both those countries, the people fell in love with her! All cultural barriers came crashing down. Now she is returning on her own and branching out to many other countries that will also love her. How could they not?

I'm biased: I love good channeling, because I'm a channel. And Pepper is a very good channel. I also want metaphysical people all over the world to understand that many of us stand together, not apart. We are not competing with each other but rather supporting each other. We all have a common message about how powerful the Human Being is in these trying times and how much can be accomplished for this beautiful planet of ours with pure intent and focused energy. As Gaia has said before, "Clarity and courage for today, guidance and wisdom for tomorrow."

Enjoy the messages in this book. They will warm your heart as at the same time they educate the core of your soul. There is something here for everyone. Then go to Pepper's website (www.thepeacefulplanet.com), find out where she's going to be and go see her! You won't be sorry. https://www.pepperkeenlewis.com/

— Lee Carroll, channel for Kryon